

FROM LEADING BOARD—CERTIFIED DERMATOLOGIST
SUPRIYA TOMAR, MD, FAAD



TOTAL
TRANSFORMATION 2026:
EXCLUSIVE SPECIALS JUST FOR YOU

EXPLORE THE BEST NEW
TREATMENTS & COMBINATIONS



RESET. REFRESH. RENEW.

EVERYTHING YOU NEED TO KNOW ABOUT WHAT'S NEW IN REGENERATIVE
AESTHETIC DERMATOLOGY.

LET'S TALK ABOUT PEPTIDES, EXOSOMES, MICRONUTRIENTS AND PURE PDGF+

ENHANCED MICRONEEDLING

Microneedling opens temporary pathways that dramatically enhance the absorption and effectiveness of targeted topical therapies. At our practice, we elevate results by pairing microneedling with science-backed formulations including:

When these advanced combination therapies are combined with microneedling, they help to resolve and restore:

- Fine lines and wrinkles
- Skin laxity
- Uneven skin texture and tone
- Skin dullness and lack of radiance
- Delicate skin areas, e.g. the eyes
- Hair loss

These combination therapies are safe for all ages, and for patients looking for rejuvenation, to enhance laser treatments, looking red carpet ready with low downtime, and restoring overall skin and hair health.

- Most patients report visible improvement in skin quality, and laxity
- 78% noticed smoother, firmer skin around the eyes within 90 days



MICRONUTRIENTS AND BIOMIMETIC PEPTIDES

For skin rejuvenation and hair restoration.

EXOSOMES

Repair and renew your recovery and help the scalp and skin by boosting natural repair.



PDGF+, PRP, PRF (Platelet-Derived Growth Factors) for accelerated tissue regeneration and collagen stimulation.

HYALURONIC ACID-RICH COMPLEXES

For hydration and structural support.



FAQs

What can I expect before and during a Microneedling treatment?

Our providers will usually apply a topical numbing cream 30 minutes prior to treatment, then perform microneedling which can take up to 30 minutes. This is usually followed by the application of topical micronutrients and peptides, Exosomes, pure PDGF+, PRP, and PRF.

How many treatments will I need for my face?

For combining Microneedling with topical micronutrients and peptides, Exosomes, or PDGF+, we recommend a minimum of 4 treatments. When combining topicals with laser treatments, we recommend starting your treatment 2 weeks prior to “prep and prime” the best outcome for the skin and two weeks post laser.

How many treatments will I need for my hair?

For treating hair loss and regrowth, we recommend a series of 5-10 treatments depending on the severity of your hair loss, combined with PDGF+, Exosomes, and Micronutrients and Peptides depending on what your provider suggests.



MICRONUTRIENT + PEPTIDE COCKTAILS FOR ALL YOUR SKIN AND HAIR CARE NEEDS

Together, these ingredients support healing, hydration, and long-term rejuvenation—helping your skin rebuild itself naturally.

ANTI-AGING COCKTAIL

Deeply hydrates and revitalizes fine lines and wrinkles and improving the appearance of skin laxity.

ANTI-OXIDANT COCKTAIL

Get your skin ready for the new year ahead. Protects and strengthens the skin against pollution, UV exposure, and environmental stress—ideal for those who spend time outdoors or play sports.

PURIFYING COCKTAIL

Perfect for oily, acne-prone, or rosacea-prone skin. Balances oil production, calms inflammation, and refines pores.

RADIANT SKIN COCKTAIL

Targets hyperpigmentation, sun damage, and uneven tone for brighter, more luminous skin.

NUTRITIVE COCKTAIL

This cocktail delivers a comprehensive boost to the skin's structure and resilience, helps reduce dullness, minimize inflammation, and strengthen the skin's natural defenses against environmental stressors and UV damage. This cocktail is frequently used for "prep and prime" for before laser treatments for optimized results.

EYE COCKTAIL

Restores hydration and brightness to tired eyes to reduce puffiness, fine lines, and dark circles.

HAIR COCKTAIL

A revitalizing blend that strengthens hair follicles, improves scalp health, and promotes thicker, fuller hair.

BEST FOR:

- Male and female alopecia or general hair loss
- Postpartum hair loss
- Revitalizing hair follicles
- Hydrating and nourishing the scalp
- Improving hair thickness and density

REJUVENATION COCKTAIL

Restores radiance, hydration, and smoothness while minimizing enlarged pores and signs of aging. Known for its synergistic effects, we often combine this cocktail with our laser treatments, and recommend a minimum series of 4 treatments.

SALMON DNA/ PDRN

A powerful regenerative treatment popular among celebrities and patients alike. Sodium DNA, derived from purified salmon DNA, promotes collagen and hyaluronic acid production, combats oxidative stress, and strengthens the skin's structure.

BEST FOR:

- Skin laxity, deep tissue looseness
- Anti-aging- localized fine wrinkles
- Dry, opaque skin
- Enhanced repair and reduced downtime
- Glass Skin glow effect

THE RED CARPET COCKTAIL

A perfectly curated blend made to rejuvenate, brighten, hydrate and refresh your skin for the perfect glow.

THE PERFECT COMBINATION

Every treatment at Supriya Dermatology is customized to your skin's needs. Whether you want to address aging, acne, dullness, or hair loss, we'll design a plan to help your skin restore its natural glow—from the inside out.

YOU'LL NOTICE:

- Improved skin tone and texture
- Increased firmness and elasticity
- Enhanced hydration and radiance
- Reduced fine lines and pores

FOR ENHANCED REJUVENATION

For enhanced rejuvenation, pair microneedling and micronutrient treatments with:

- PRP or Pure PDGF+
- Laser skin resurfacing
- Botox (neurotoxins), Hyaluronic Acid Fillers, Collagen Biostimulators (Sculptra)
- Exosomes

THE
COCKTAIL
MENU



SUPRIYAMD
SKINCARE

HAIR REGROWTH
CONDITIONER

HAIR CARE

7 oz | 201 g

SUPRIYAMD
SKINCARE

HAIR REGROWTH
SHAMPOO

HAIR CARE

7 oz | 201 g

PURE PDGF+

Pure PDGF+ by Ariessence is a topical skin rejuvenation solution that delivers pharmaceutical-grade platelet-derived growth factor (PDGF) without the need for a blood draw. Unlike PRP or PRF—which rely on the patient’s own platelets—Pure PDGF+ is a synthetic, consistently potent formulation applied topically during microneedling. This allows patients to receive powerful regenerative benefits without variability from hydration, sleep, diet, or other overall health factors.

Because it is synthetically engineered using advanced recombinant technology, pure PDGF+ provides consistent potency, up to 300,000x more concentrated than other platelet derived treatments.

Pure PDGF+ supports cellular repair, enhances follicular health, improves microcirculation, and promotes thicker, healthier hair growth. Its high potency makes it an excellent alternative for patients who prefer not to use their own plasma. PDGF is one of the most well-studied growth factors in regenerative medicine, backed by numerous peer-reviewed publications and clinical trials.

WHAT AREAS CAN BE TREATED?
HOW MANY SESSIONS WILL I NEED?

TREATMENT AREAS

- Facial rejuvenation during microneedling
- Hair restoration alongside microneedling or regenerative therapies like PRP/PRF

Pure PDGF+ delivers a reliable dose of growth factor with every treatment, helping create predictable and consistent skin rejuvenation results. Most patients benefit from a series of 3–6 treatments spaced one month apart, often in combination with microneedling or laser procedures.

CAN PURE PDGF+ BE COMBINED WITH SCULPTRA?

Yes. Pure PDGF+ pairs exceptionally well with Sculptra. While Sculptra stimulates deep collagen production over time through injections, Pure PDGF+ supports surface-level regeneration and additional collagen signaling. When used together—either at the same appointment or spaced appropriately—they enhance skin firmness, texture, and long-term rejuvenation.

EXOSOMES

Exosomes are powerful, naturally occurring messengers released by stem cells that promote communication and repair between skin cells. Containing growth factors, peptides, and signaling molecules, they support your skin’s and scalp’s natural ability to restore balance, hydration, and vitality.

HOW TOPICAL EXOSOME THERAPY WORKS

When applied after procedures such as microneedling, laser resurfacing, or RF treatments, exosomes deliver regenerative bio-signals that awaken and nourish the skin and scalp.

THEY HELP:

- Soothe and calm irritation following in-office treatments
- Support collagen and elastin production for firmer, smoother skin
- Improve hydration and barrier repair
- Enhance microcirculation for improved scalp and hair health
- Encourage faster post-procedure recovery

Essentially, exosomes help the skin and scalp behave more youthfully by boosting their natural repair and renewal processes.

BENEFITS OF TOPICAL EXOSOME THERAPY

Patients notice visible improvements in the appearance and texture of their skin and scalp. Common benefits include:

- Reduced redness and downtime and enhance treatment results after lasers or microneedling
- Brighter, more even skin tone
- Improved scalp environment for healthier hair
- Restored hydration and glow
- Long-term support for overall rejuvenation

WHAT TO EXPECT

Exosomes are typically applied immediately after procedures like microneedling, RF, or laser treatments to maximize absorption and recovery. The serum is gently massaged into the skin or scalp, where it delivers concentrated regenerative benefits.

WHO IS A GOOD CANDIDATE?

Exosome therapy is ideal for anyone looking to:

- Boost recovery after laser or microneedling treatments
- Restore luminosity and hydration
- Improve the appearance of fine lines, uneven tone, or dullness
- Support healthier scalp and hair growth conditions

It’s a gentle, non-invasive way to enhance results and accelerate healing after professional aesthetic procedures.



FAT LOSS TREATMENTS

TIRZEPETIDE

Tirzepatide is one of the most advanced medical weight-loss injectables available today. It works by mimicking two naturally occurring hormones—GLP-1 and GIP—that help control appetite, stabilize blood sugar, and improve how your body burns fat.

Because it activates both of these pathways, Tirzepatide can boost metabolic efficiency, enhance fat loss, and help you feel fuller for longer.

HOW IT CAN HELP

- Boost metabolic efficiency
- Enhance fat loss
- Feel fuller longer
- Can reduce cholesterol improve scalp and hair health
- Can improve blood pressure

This once-weekly injectable is FDA-approved for weight management, and clinical studies show it can:

- Support up to 22% total body weight loss in the first year.

It's a powerful option for anyone looking for a science-backed, effective way to reach their weight-loss goals.

HOW IS TIRZEPETIDE ADMINISTERED?

Tirzepatide weight loss injections are designed for self-administration guided by a healthcare provider. These medications are typically delivered through subcutaneous injections (injections under the skin) once weekly. The medication can be safely and painlessly injected in the lower abdomen, thighs, or upper arms.

WHAT YOU NEED TO KNOW

Weight loss often comes with unintended muscle loss — which can affect strength, metabolism, and overall body shape.

EMSCULPT

Emsculpt® and Emsculpt NEO® help address this by rebuilding and redefining muscle while also improving body contours.

Emsculpt uses HIFEM® energy to trigger intense muscle contractions that enhance tone and definition.

Emsculpt NEO combines HIFEM with radiofrequency heating to build muscle and reduce fat simultaneously. Clinical studies show:

- One 30-minute session is the equivalent of up to 35,000 sit-ups or squats
- Up to 25% more muscle, 30% less subcutaneous fat
- 14% less visceral fat, delivering powerful, comprehensive results.

TREATMENT AREAS

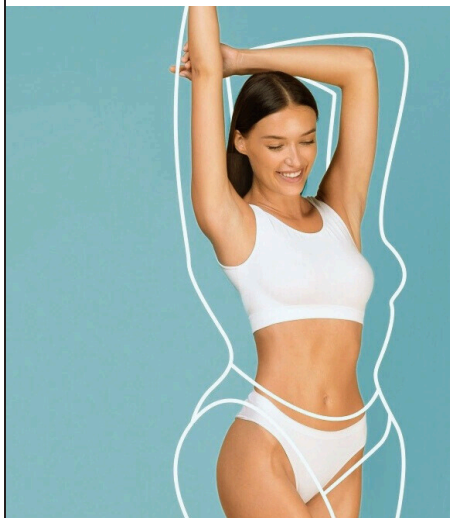
Abdomen, buttocks, arms, thighs, calves

SESSION TIME

30 minutes

HOW MANY SESSIONS WILL I NEED?

For optimal results, we typically recommend a series of at least 4 treatments spaced 3-10 days apart. Depending on the level of improvement desired, some patients benefit from additional sessions.



KYBELLA

Whether you're looking to achieve a sharper jawline, or get rid of a double chin without the need for liposuction or a neck lift, Kybella™ provides a non-surgical solution that aligns perfectly with our philosophy of enhancing your natural beauty.

HOW DOES KYBELLA WORK?

Kybella™ is an injectable treatment that permanently reduces submental fat by using deoxycholic acid, a naturally occurring molecule in the body that breaks down fat cells beneath the chin—think of it as an injectable enzyme that catalyzes fat breakdown. Treatments are performed in-office in about 20–30 minutes using precise markings and multiple small injections, with numbing options available for comfort. Temporary swelling, bruising, or tenderness may occur and typically resolves within days to weeks.

WHAT AREAS CAN BE TREATED WITH KYBELLA?

Kybella™'s ability to target specific areas of localized fat makes it a versatile option for individuals looking to refine their body contours without the need for invasive surgery. This innovative treatment allows for precise and customizable fat reduction, providing a non-surgical alternative to traditional liposuction. Whether you have stubborn fat under the chin, around the bra line, on the back, or in other challenging areas, it can help sculpt and contour your body to achieve a more streamlined and defined appearance. Some of the specific areas that can be effectively treated with Kybella™ include:

Kybella is FDA approved for submental fat (double chin/ area under chin)

It can also be used off-label to treat other areas:

- Flanks (Love Handles)
- Upper Arms
- Inner Thighs
- Bra Fat
- Back Fat
- Knees

FAT RESTORATION



WHAT IS “OZEMPIC FACE”?

“Ozempic face” is excessive skin laxity and sagging as a result of dramatic weight loss. Realistically, anytime you lose a significant amount of weight, whether it’s with Ozempic or otherwise, there’s a chance you’ll notice a lot of excess skin. The fat pads in your face (and anywhere else on your body) go a long way towards making your skin plumper and smooth. So when you lose part of that structure that supports a little extra lift in your face, sagging is expected.

RENUVA

Renuva® is an innovative, non-surgical treatment that restores lost facial and body volume by stimulating your body to regenerate its own fat. Rather than adding synthetic filler, Renuva uses an adipose (fat) matrix that serves as a natural scaffold, encouraging new fat cells to grow in the treated area for soft, lasting rejuvenation.

HOW DOES RENUVA WORK?

Renuva® is an injectable that helps your body naturally restore lost volume. It contains the same supportive components found in your own fat, guiding your body to rebuild healthy fat cells over 3–6 months. As new cells and blood vessels form, the area gradually becomes fuller, smoother, and more youthful — with results that look and feel completely natural.

WHAT AREAS CAN BE TREATED WITH RENUVA?

Renuva is an injectable treatment that replenishes lost volume by restoring the body’s own natural fat. It is commonly used to address age-related volume loss in areas such as the face, neck, décolletage, and hands, as well as other parts of the body where subtle contour enhancement is desired. Renuva can also improve the appearance of cellulite dimples, smooth out irregularities from liposuction, and soften the look of depressed scars.

WHAT MAKES RENUVA UNIQUE?

Renuva® is unique among injectables because it regenerates fat, restoring the soft, natural fullness lost with aging. It’s especially effective for the face and neck, helping to smooth hollow areas and crepey skin. With medical weight loss and natural aging, many men and women experience volume loss — Renuva gently replaces it for a naturally youthful look.

CAN RENUVA BE COMBINED WITH INJECTABLES AND HA FILLERS?

Renuva® restores natural fat-based volume lost with aging, making it ideal for the face and neck. It pairs well with neurotoxins like Botox® to soften wrinkles, and with hyaluronic acid (HA) fillers for precise contouring and lift. While Renuva rebuilds long-term, natural fullness, HA fillers provide immediate shaping, and neurotoxins smooth fine lines — together creating a balanced, youthful result.

Unrivaled results. Ageless beauty.



SUPRIYA

AESTHETIC DERMATOLOGY

EXCLUSIVE SPECIALS TO ACHIEVE THE VERY BEST IN 2026

Start the New Year with the New You! We're here to help you look and feel your best with a series of exclusive specials designed to refresh, rejuvenate, and revitalize.

ANY SERIES OF 4 MICRONEEDLING, PEPTIDE, AND MICRONUTRIENT PACKAGE, RECEIVE 5th TREATMENT FREE

Our unique fortified skin and hair cocktails are here to help you look and feel your best.
(VALUE \$800)

SERIES OF 4 LASERS (FRAXEL, BBL, ULTRACLEAR, GENIUS RF) RECEIVE 5th LASER MAINTENANCE TREATMENT AND FREE MICRONEEDLING + PEPTIDES TREATMENT

Receive a free microneedling, peptide and micronutrients cocktail treatment specialized to your skin's needs.
(VALUE OVER \$1500)

MICRONEEDLING + ELLACOR LASER + EXOSOMES

Book one Ellacor laser treatment and receive one free prep + prime microneedling, micronutrient and peptide session and one Exosome post-laser treatment

- Prep with Microneedling & Micronutrients – Primes the skin and boosts nutrient absorption.
- Ellacor Laser – Smooths wrinkles and improves texture by stimulating collagen.
- Post-Treatment Exosomes – Speeds healing and enhances regeneration for longer-lasting, radiant results.

(VALUE \$1200)

SERIES OF 10 MICRONEEDLING HAIR COCKTAIL SESSIONS, SAVE \$2000

For treating hair loss and regrowth, we recommend a series of 5-10 treatments depending on the severity of your hair loss with micronutrients and peptides Hair Cocktail. Recommended to also combine with PDGF+, Exosomes, and Micronutrients and Peptides depending on what your provider suggests.
(VALUE \$2000)

SERIES OF 4 RENUVA INJECTIONS: FREE MICRONEEDLING + PEPTIDES PREP + PRIME AND FREE EXOSOME TREATMENT

Discover the unique cocktail to prime your skin rejuvenation and collagen restoration with a customized microneedling prep and prime cocktail. Enhance your skin's healing and elastin production for firmer, smoother skin with your Renuva treatment.
(VALUE \$1200)

NON SURGICAL BBL

Purchase 20 vials of Sculptra for a non-surgical BBL to lift, shape and glow without surgery and receive a free series of 5 Emsculpt sessions to enhance results and build muscle
(VALUE \$5000)

WITH ANY RX FOR TIRZEPETIDE, RECEIVE 20% OFF EMSCULPT SERIES

Lose weight and maintain your muscle with our Emsculpt series of 4 treatments at 20% off on abdomen, buttocks, calves, or thighs.
(VALUE \$800)

You deserve it.

NON-SURGICAL FACE LIFT LASER COMBINATION: ULTHERA + ULTRACLEAR

Lift, tighten and transform your face without any surgery required. By combining Ultherapy and the UltraClear lasers, you combine collagen simulating ultrasound technology and maximum tightening laser resurfacing. With this package combination you will receive 3 microneedling and peptide cocktail treatments, and one exosome treatment to enhance and optimize healing and maximum results.
(SAVE \$2800)

THE ADVANCED SKIN TIGHTENING DUO: GENIUS RF + ELLACOR

Reveal smoother, firmer, more refined skin with our most powerful skin-tightening pairing. Genius RF boosts collagen from within, while Ellacor precisely removes micro-columns of lax, aged skin for dramatic tightening and texture improvement.
(SAVE \$2000)

THE GLOW AND GO: PACKAGE OF 4 CLEAR AND BRILLIANT; RECEIVE 5th TREATMENT FREE + LIGHT CHEMICAL PEEL

Achieve radiant, refreshed skin with little to no downtime. Clear + Brilliant gently resurfaces to brighten tone, refine pores, and boost overall glow perfect for busy schedules or year-round maintenance. With a series of four treatments, results build beautifully over time. Your package also includes one light chemical peel to enhance exfoliation and maximize your glow for smoother, more luminous skin.
(VALUE \$1000)



Meet Dr. Tomar West Palm Beach & Jupiter Dermatologist



WHERE ARTISTRY MEETS MEDICAL EXPERTISE.

At Supriya Aesthetic Dermatology, our mission is to elevate and enhance your natural beauty under the expert guidance of founder, Supriya Tomar, MD, FAAD.

A Board-Certified and fellowship-trained dermatologist, Dr. Tomar has been recognized as a Top Physician in her field for over twenty years and leads a nationally recognized team of aesthetic providers.

With over 60 years of combined experience, her expert team blends the artistry of aesthetic medicine with the most cutting-edge technologies to refresh, revitalize, and preserve your natural beauty—helping you look and feel your absolute best.

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